



## **CURRICULUM VITAE**

### **Sophie-Ella Nicholls** **Specialist Support Worker**

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Sophie-Ella has a Master of Arts Degree in Methods of Social Research from the University of Kent and a Bachelor of Arts degree in Anthropology from the University of Sussex.

At Triangle Sophie-Ella is a lead administrator and specialist support worker. Sophie-Ella has also assisted with research projects; including administration, analysing survey data and interview material (including experience with Nvivo and SPSS) and contributing directly to report writing.

Sophie-Ella also works directly with children and young people and is involved with a number of consultations with young people for Triangle, including Triangle's senior and junior consultative groups. Sophie-Ella has experience working with young people with disabilities and children who present severely challenging behaviour.

#### **Qualifications and Training**

MA Methods of Social Research (2014) University of Kent  
BA (Honours) Anthropology (2010) University of Sussex

- 2015 MHFA England: Mental Health First Aid for those working with Young People
- 2014 HSE approved course in Emergency First Aid & First Aid at Work. East Sussex Downs and Weald NHS (March 2014)
- 2013 Eastbourne Borough Council & Telford College: NVQ Level 2 in Customer Service
- 2013 Triangle: Safeguarding Disabled Children and Young People
- 2012 Triangle: Advanced Autism & Communication
- 2012 Triangle: Advocacy Practice with Disabled Children and Young People
- 2012 Ramapo: Managing Difficult Behaviour
- 2012 Ramapo: Managing the Behaviour of Children with Special Needs
- 2012 Ramapo: Strategies for Avoiding and De-Escalating Conflict Situations
- 2011 Triangle: Advocacy Practice with Disabled Children and Young People
- 2011 Triangle: Introduction to Challenging Behaviour
- 2011 Triangle: Advanced Challenging Behaviour
- 2011 Triangle: Three Way Street Training for Trainers
- 2010 Triangle: Life Story work & Passport Development for Troubled Young People
- 2010 Triangle: Autism & Communication
- 2009 Triangle: Introduction to Communication and Consultation
- 2009 Triangle: 'Making Enquiries' Safeguarding Disabled Children
- 2009 Triangle: Epilepsy Training

## Employment

2009 - Present: Triangle – Specialist Support Worker & Administrator

2011 - Present: SASBAH – Youth Worker & Youth Development Officer

2010 - Present: NJY Youth Camps – Specialist Counsellor for Round Lake  
SEN Camp