



**Triangle**

## **CURRICULUM VITAE**

### **Rubbena Aurangzeb-Tariq**

#### **Art Psychotherapist**

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I am a qualified psychotherapist specialising in work with deaf and disabled children and adults. I am qualified in BSL level 2. I work directly as a therapist and provide clinical supervision to other therapists. I have also developed training resources for deaf young people including on emotional development.

I am registered with the Health Professions Council (HPC); a member of the British Association of Art Therapy (BAAT); the Art, Race & Culture sub-group of BAAT (ARC); the D/deaf Culture and Art Therapy Group (D/dCAT) and the British Society of Mental Health & Deafness (BSMHD).

I work as part of a multidisciplinary team at Triangle and have completed Triangle's expert witness development programme.

#### **Qualifications**

Tavistock & Portman NHS Trust, Dip/MA Working Psycho dynamically with Adolescents, Present

City & Guilds 7407/2 City Lit, London, Teaching Further Education, 2006

University of London, MA Art Psychotherapy Goldsmiths, 2005

London, British Sign Language - Stage Two, 2000

Goldsmiths. University of London, Foundation in Art Psychotherapy, 1999

Farnborough Tech. College, BSL (British Sign Language) Stage One, 1998

Farnham, Surrey, Surrey Institute of Art & Design, 1996

#### **Employment / Experience**

Raz Consultancy Services Ltd, Freelance Art therapist & Company Director, Sept 08 – present

Refugee and Migrant Project, Art Therapy Manager, 2005–2008

Deafax, Lead Resources Developer & Trainer (Deaf Youth), 2003–Present

Deafax, Project manager (Deaf Adults), 2003–2005

Deafax, Ethnic Minorities Liaison Officer, 2001–2003

Asian Deaf Women Association, Project Co-ordinator, 2000–2002